

CARE AND MAINTENANCE

Maintenance Schedule - Daily

Cat.	Description	Before Workout	After Workout
INSPECT	Signs of wear or damage	•	
	All screws are tightened	•	
	Firmware and software updates	•	
	Treadmill's stability and leveling	•	
	Obstructions around and underneath the treadmill	•	
CLEAN	Console		•
	Running belt		•
	Handrails and handlebars		•

Maintenance Schedule - Weekly/Monthly

Cat.	Description	Weekly	Monthly
INSPECT	Signs of wear or damage		•
	Power cord	•	
	Running belt position		•
CLEAN	Treadmill surface	•	
	Area underneath the treadmill	•	
TEST	Running belt tension		•
	STOP button and Safety Key functionality	•	

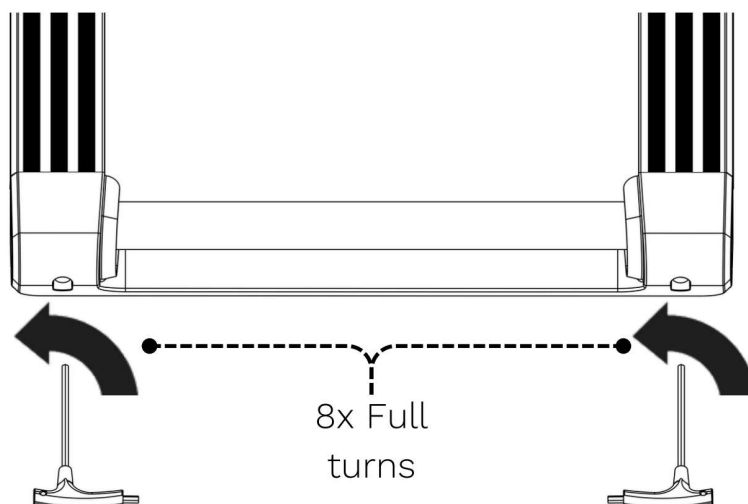
CARE AND MAINTENANCE

Running Belt Lubrication Schedule

Usage Frequency	Lubrication Frequency
Light usage - Less than 3 hours/week	Every 6 months
Moderate usage - Between 4 and 7 hours/week	Every 3 months
Heavy usage - More than 7 hours/week	Every 2 months

Running Belt Lubrication Instructions

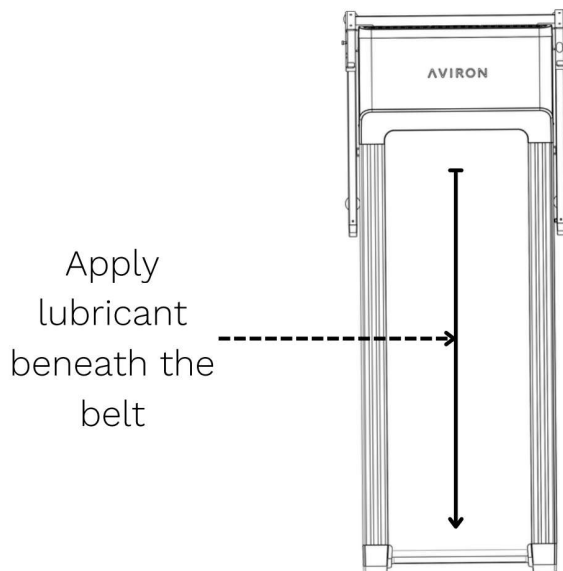
- Turn off the treadmill using the O/I switch and unplug the power cord from the wall outlet. If the machine was in use, wait at least 2 minutes before proceeding to ensure the belt has stopped completely.
- Loosen the rear roller adjustment bolts on both the left and right sides by turning each bolt counterclockwise approximately 8 full turns. Record the exact number of turns, as you must tighten each bolt by the same number of turns to maintain proper belt tension.



CARE AND MAINTENANCE

Running Belt Lubrication Instructions (Cont'd)

- Vacuum around and underneath the running belt to remove all debris.
- Apply 15 ml of Aviron-approved silicone lubricant along the length of the deck. Start from the front end and work toward the rear, keeping the lubricant in the middle area of the deck. Do not apply lubricant to the top of the belt or the rollers.



- Tighten the rear roller adjustment bolts on both sides by turning each bolt clockwise the same number of turns recorded in Step 2.
 - Verify that the running belt is centered on the deck by ensuring the gap on both sides is equal.
- Plug the power cord back into the wall outlet and turn the treadmill on using the O/I switch.
- Load the system, access the *Quick Start* workout then allow the treadmill to run at the lowest speed setting for 1 to 2 minutes to distribute lubricant evenly.

NOTE: Follow the instructions in "Centering / Tensioning the Running Belt" on page 44, to fully verify proper belt alignment and tension best practices and guidelines.

CARE AND MAINTENANCE

Safety Key Functionality Test

1. Power on the treadmill and log in to any profile.
2. Launch the Metrics Monitor (Quick Start).
3. Set the treadmill to any speed other than the default starting speed.
4. Pull out the safety key.

The belt shall stop immediately and a warning shall pop-up on the screen. Re-engage the Safety Key and press the Play button to start the motor again.

Running Belt - Tension Test

1. Power on the treadmill and log in to any profile.
2. Launch the Metrics Monitor (Quick Start).
3. Set to the jog or run speed.
4. Perform the belt slippage test by jogging or running on the treadmill and checking if the belt shifts forward or backward during use.

If any slippage is noticed, proceed with the belt tension process.

Running Belt - Centering Inspection

1. Power on the treadmill and log in to any profile.
2. Launch the Metrics Monitor (Quick Start).
3. Set to any speed.
4. Visually inspect if the belt is centered using the gaps between the belt and the foot rails as your guidelines. The gap on the left and right side of the belt must be equal.

If the belt requires repositioning, proceed with the belt centring process.

CARE AND MAINTENANCE

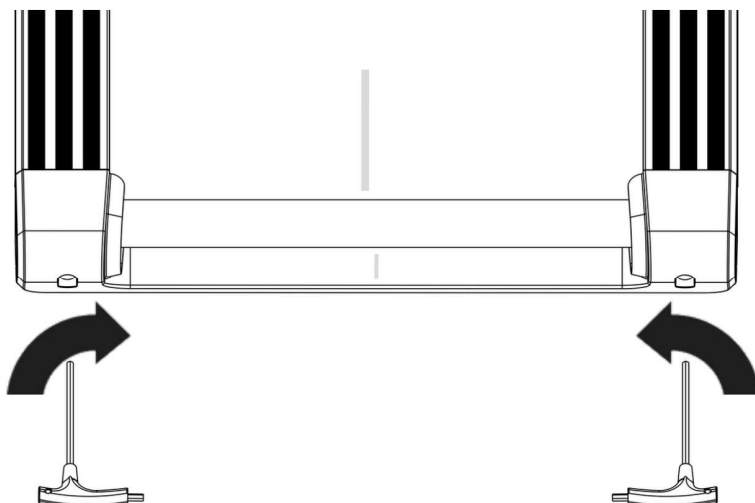
Centering / Tensioning the Running Belt

⚠ CAUTION: Always power off and unplug the treadmill before adjusting the belt.

- Use the M6 Allen Key to adjust the two screws located at the rear of the treadmill.
 - **IMPORTANT:** Never turn the screws more than 1/4 turn at a time.
- When centering the running belt, tighten one side and loosen the other to prevent over-tightening.
 - Use the center lines located at the running belt and at the rear end of the running deck for belt centering guidance.
 - **IMPORTANT:** Over-tightening the running belt can significantly reduce its lifespan.

If the running belt is too far to the left:

1. Turn the left screw 1/4 turn clockwise (to tighten).
2. Turn the right screw 1/4 turn counterclockwise (to loosen).
3. Power on the treadmill and let the belt run for 30 seconds to allow it to adjust. Do not step on the belt during this process.
4. Repeat steps 1 to 3 as needed until the running belt is centered.

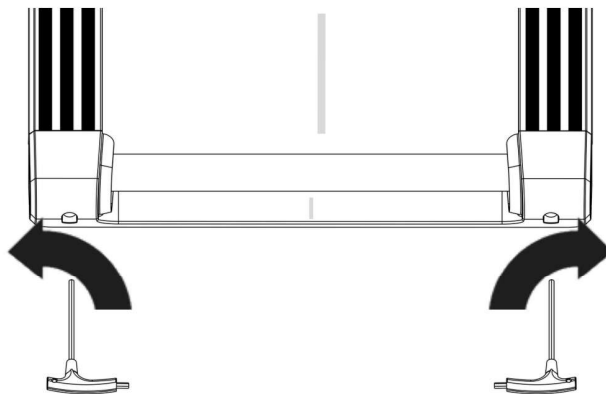


CARE AND MAINTENANCE

Centering / Tensioning the Running Belt

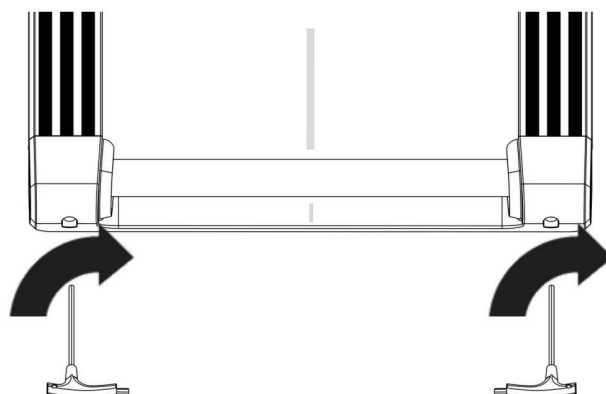
If the running belt is too far to the right:

1. Turn the right screw 1/4 turn clockwise (to tighten).
2. Turn the left screw 1/4 turn counterclockwise (to loosen).
3. Power on the treadmill and let the belt run for 30 seconds to allow it to adjust. Do not step on the belt during this process.
4. Repeat steps 1 to 3 as needed until the running belt is centered.



If the running belt is too loose (slippage feeling):

1. Turn each screw 1/4 turn clockwise (to tighten).
2. Power on the treadmill and let the belt run for 30 seconds to allow it to adjust. Do not step on the belt during this process.
3. Step on the running deck and lightly jog to validate whether slippage still exists.
4. Repeat steps 1 to 3 as needed until the running belt is tensioned.



TERMS AND CONDITIONS

General Policies

Aviron Interactive Inc. (“Aviron”) aims to satisfy you (the “customer”) completely. Plans and specifications are interpreted as required, but Aviron takes no responsibility that the information provided is suitable for the intended purpose. Aviron reserves the right to accept or refuse any order as part of its policy of continuous equipment improvement. All information supplied by Aviron is believed to be accurate, but Aviron is not liable for errors or misinterpretations.

Exclusion of incidental, consequential, and certain other damages

To the maximum extent permitted by applicable law, in no event shall Aviron or its suppliers nor anyone else involved in the production or delivery of this equipment be liable for any indirect, special, consequential, punitive, or incidental damages whatsoever (including, but not limited to, damages for loss of profits or loss of data or confidential or other information, for business interruption, loss of business information, and the like) arising out of or related to this agreement or the use or inability to use such equipment, the provision of or failure to provide support or other services, information, software, and related content through the Aviron equipment or otherwise arising out of the use of the Aviron equipment, or otherwise under or in connection with any provision of this license, even in the event of the fault, tort (including negligence), misrepresentation, strict liability, breach of contract or breach of warranty of Aviron or any supplier, and even if Aviron has been advised of the possibility of such damages. In no event shall Aviron's liability hereunder, if any, exceed the purchase price paid by the customer for the Aviron equipment.

WARRANTY

Warranty is applicable to factory and certified dealer repairs unless approved by Aviron. All equipment and parts in need of servicing must be repaired by a certified dealer or be shipped back to Aviron at the customer's expense to comply with the Aviron Limited Warranty unless approved by Aviron. Aviron is not required to provide the customer with a substitute during the warranty period or at any time. The equipment is automatically registered after activating it on the Aviron network. Aviron will not be responsible for dismantling, reassembly or reinstallation charges.

To obtain service you must:

- Contact our support department if you are having trouble with your equipment. Aviron equipment or parts may not be returned without written permission from Aviron.
- Arrange for delivery of your Aviron equipment or parts to Aviron's premises.
- All shipments must be shipped prepaid, insured, and properly packaged, preferably in the original packaging and accompanied by a letter outlining the defect.

For further information, please visit our website:

www.avironactive.com/support/general/warranty/

Conformity Certifications

FC IC

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1.This device may not cause harmful interference.
- 2.This device must accept any interference received, including interference that may cause undesired operation.

This device has been evaluated and found to comply with applicable RF exposure requirements. It meets the FCC radiation exposure limits established for an uncontrolled environment. The device must be installed and operated with a minimum separation distance of 20 cm between the device and the user.