

CERAGEM PAUSE M4
USER MANUAL

CGM EMCG-2601
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USER GUIDE

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- In order to use the product safely and correctly, be sure to read this user manual before first use.
- Always keep this manual on hand and refer to it as necessary.

01. Precautions for Safety

Anyone with reduced physical, sensory or mental capabilities, or who lacks the appropriate experience or training (including children) must use this product under the supervision of their guardian who bears responsibility for their safety. Children should be supervised to ensure that they do not play with the product.

The following precautions for safety are to prevent unexpected risks or damage in advance through safe and correct use of the product.

When Installing

- Never modify, disassemble or repair the product; it must be done by a qualified service technician.
→ **Doing so may cause fire or electric shock.**
- Use the product on a flat surface.
→ **Failure to do so may cause a product failure or an accident.**

Power-related

- If the product does not move or operates abnormally, immediately unplug the power plug from the wall outlet and ask the Customer Service Center to check or repair the product.
→ **Failure to do so may cause fire or electric shock due to electric leakage or shorting.**
- If the product cover is torn or removed, your clothes or hair may get caught, resulting in a serious accident, so check that there is no abnormality visible on the exterior of the product. If the product is damaged in any way, contact the Customer Service Center.
→ **Failure to do so may cause electric shock or injury.**
- Supervise your children in avoiding touching the power plug.
→ **Failure to do so may cause electric shock or injury.**
- Do not forcibly bend the power cord or allow it to be compressed and damaged by a heavy object.
→ **Failure to do so may cause fire or electric shock.**
- When using a power strip, do not use a number of devices connected to the power strip at the same time.
→ **There is a risk of fire due to abnormal Temperature of the power outlet.**
- When unplugging the power plug, hold the plug, not the cord, and unplug it from the outlet.
→ **If the power cord snaps, there is a risk of fire or electric shock.**
- Do not touch the power plug with wet hands, and be sure to unplug the power plug from the outlet when cleaning or repairing the product.
→ **Failure to do so may cause electric shock.**
- When using a power strip, be sure to use a grounded power outlet.
→ **Using an ungrounded outlet may cause electric shock or injury.**
- In a case of power failure, immediately turn off the power switch and unplug the power plug from the outlet.
→ **Failure to do so may cause electric shock or fire.**

Grounding Instructions

- This is a Class I device equipped with a grounding-type plug. Connect it only to a properly grounded outlet. (Connecting to an ungrounded outlet may result in electric shock.)
- Do not remove or alter the grounding pin. (If proper grounding is not provided, leakage current protection may not operate.)
- When using an extension cord or a power strip, use only products equipped with a grounding terminal.



- Check the connection of the grounding conductor. (Improper connection may cause damage or electric shock.)

When Using the Product

As there is a risk of accidents related to unsafe use, the following persons should avoid using the massage chair.

(1) The following patients must not use the product:

- Patients with thrombosis, embolism, severe varicosity or acute varicosity which has been judged by a doctor to be incompatible with the use of a massage chair.
- Persons with a suspected acute cervical sprain (whiplash.)
- Persons with symptoms of a sprain or sudden muscular contractions and straining.
- Pregnant women in their early pregnancy, or a mother immediately after giving birth.
- Persons with an abnormality in their backbone (spine) or with a backbone that is bent left and/or right due to a past accident or a disease, etc.
- Patients with acute splanchnopathy or a severe heart disorder.
- Patients with an implantable electronic medical device, such as an implantable pacemaker, etc.
- Patients with a symptom of acute seizure or psychogenic disorder. (perceptual disorder)
- Patients with thermanesthesia caused by a high degree of peripheral circulatory disorders due to diabetes, etc.
- Persons with concerns regarding osteomyelitis or rickets.
* Rickets: Symptoms of shrinking muscles throughout the body and an inability to stretch the arms and legs.
- Persons with difficulty in making communicative expressions and physical movements.
- Persons with a symptom of disk disorders or under related medical treatment.
- Persons with special physical anomalies who are under medical treatment at a medical institution.

(2) The following persons must consult a doctor before use:

- Persons, such as pregnant women, etc., with a concern of side effects resulting from use of the product
- Persons with a higher body temperature than normal due to acute inflammation, chills, etc.
- Persons with symptoms of an acute skin disorder, malignant tumor or other skin disorders.
- Persons under a doctor's treatment who require rest.
- Persons experiencing other physical anomalies.
- Persons whose doctor has prohibited massage.
- Persons with weakened muscles or who have grown thin as a result of aging.
- Persons with back pain.

(3) If any of the following side effects occur whilst using the product, stop using it immediately.

- Muscle, tendon, nerve, spinal core damage, etc., as a result of excessive use of the product and resultant pressure.
- Skin diseases and burns, etc., - fracture, dislocation, sprain, etc.
- Respiratory or digestive disorders, suffocation, etc.

• Do not use or store the product in damp areas, such as a bathroom.

→ **Doing so may cause electric shock, fire, product failure or the growth of mold.**

• Do not allow children to play or climb on top of the massage chair.

→ **Failure to do so may cause product failure or injury.**

• Do not use the product while wearing a hard object, such as a hair accessory, etc., on your head.

→ **Doing so may cause injury.**

• The duration of use should be no more than 30 minutes per day, and continuous use of the product on the same area should be no more than 5 minutes.

→ **Use of the product for a long period of time may cause straining of your muscles or nerves.**

• When massaging your hips, do not use the product with any object in your pants' pockets.

→ **Doing so may cause an accident or injury.**

• Check if the power cord is appropriately and safely positioned before use.

→ **Failure to do so may cause an accident, injury or product failure.**

• Do not use the product near fires, such as a heater, etc., or while smoking a cigarette. Also, do not use the product on top of Temperature apparatus, such as an electric pad, etc.

→ **Doing so may cause fire.**

• This product has a Temperature surface. Anyone who is insensitive to the application of heat must pay attention regarding the chance of low temperature burns.

• During massage operation, do not unplug the power plug from the outlet or turn the power switch [OFF].

→ **Doing so may cause injury.**

• Do not use the product after drinking alcohol.

→ **Doing so may result in an accident or injury.**

• Do not allow more than two persons to sit on the product or to use it at the same time.

→ **Doing so may cause product failure or injury.**

• Do not use the product on bare skin.

→ **Doing so may cause skin damage.**

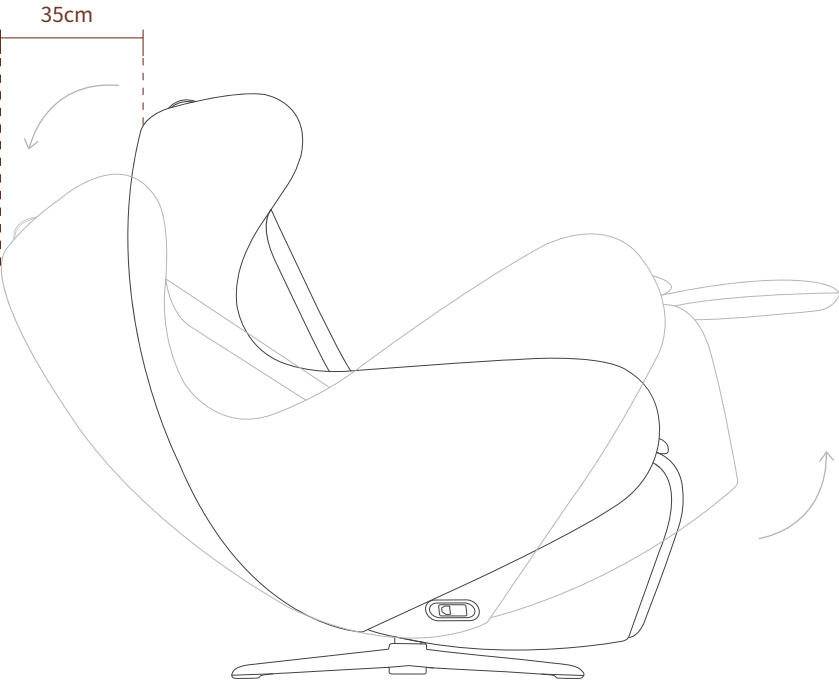
• When cleaning or repairing the product, unplug the power plug from the outlet.

→ **Failure to do so may cause electric shock or injury.**

• The surface of the product may be hot. Anyone with sensitive skin must set a lower temperature on the product.

→ **Failure to do so may cause low temperature burns.**

02. Moving and Installation

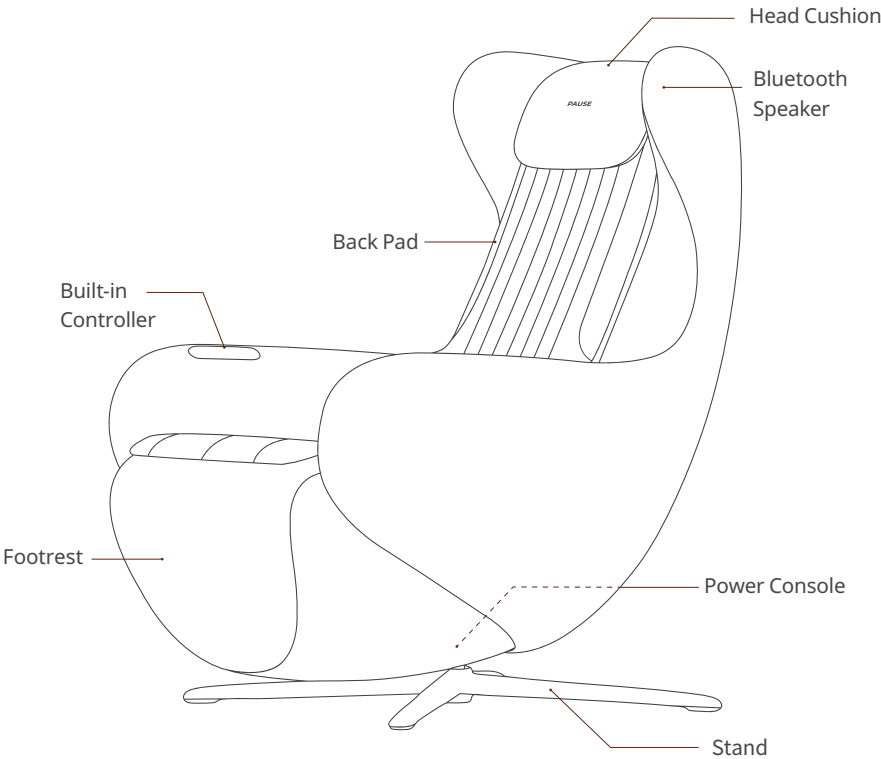


Installation for Use

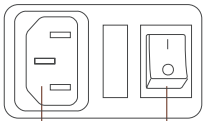
- (1) Before installing the product, check if there is enough space to accommodate it.
- (2) Keep the area around the product free of obstacles that could cause damage.
- (3) Pick up the product, move it to your desired location, and slowly lower it to install it.
- (4) Be careful not to run power cords under the product.
- (5) Please note that the weight of the product may cause scratches and dents on the floor.
- (6) Make sure that the back of the product's head is not facing the window.
- (7) When the foot massager moves, make sure there is enough room for it to move.

03. Name of Each Part and Components

1) Massage Chair Body Name



2) Power Console Name



Power Code Power Switch

3) Components



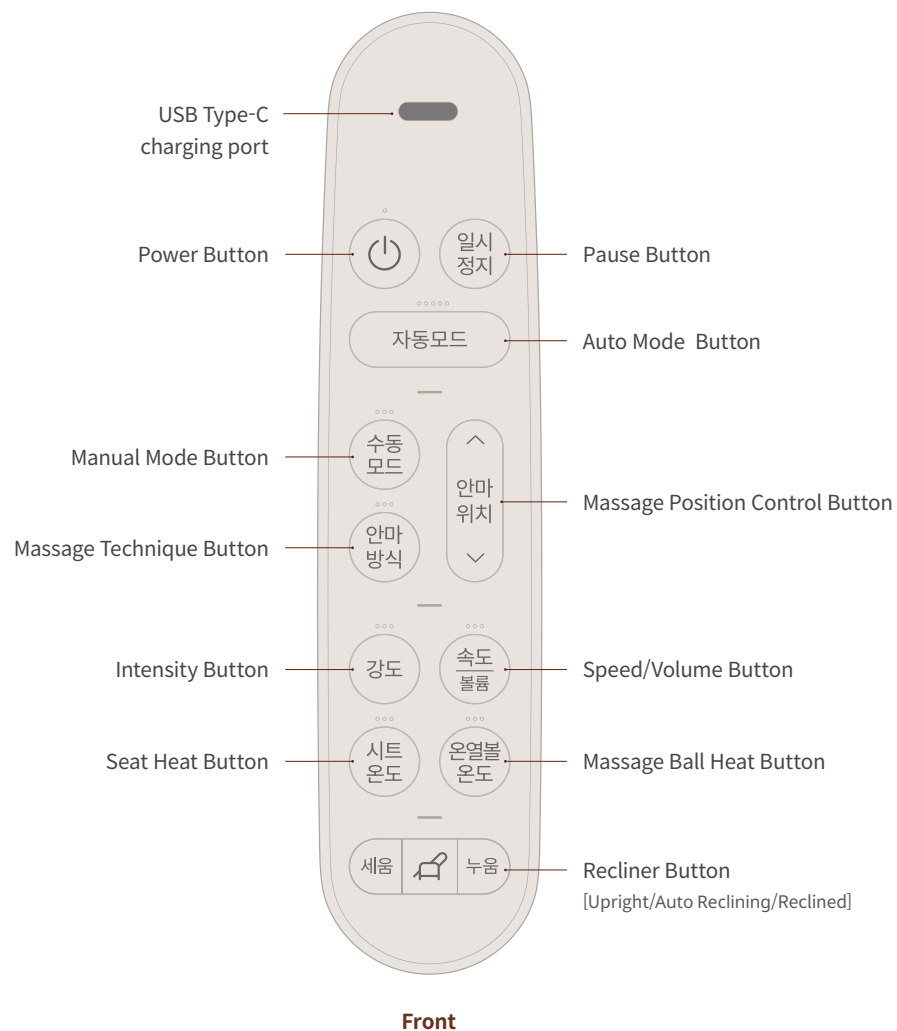
Power Plug



User Manual

04. Name and Description of the Built-in Controller

1) Built-in Controller Button Names



2) Built-in Controller Explanation

Power Button

- Press the [] button to turn on the power.
- If you press and hold the power button during operation, the massage ball return to the hip position for storage, and the massage chair shuts down.

Pause Button

- Press the button to pause/restart the massage.

Auto Mode Button

- Press the button to start the Auto mode.
[Basic, Special, Neck:Shoulder Focused, Spinal Line Acupressure, Sleep → Basic (Cyclic selection)]
- When the mode starts, the reclining function operates automatically.

Manual Mode Button

- Press the button to start the manual mode. [Full, Partial, Fixed → Full (Cyclic selection)]

Message Position Control Button

- When Auto mode or Manual mode(Full) is selected, the shoulder position can be adjusted immediately after the scan.
- When Manual mode(Partial, Fixed) is selected, the massage position can be moved.

Message Technique Button

- Press the button to start the selected massage technique in Manual mode.
[Combination, Deep tissue, Kneading, Tapping → Combination (Cyclic selection)]

Intensity Button

- The massage intensity can be adjusted. [Level 1, Level 2, Level 3 → Level 1 (Cyclic selection)]

Speed/Volume Button

- The massage speed can be adjusted. [Level 1, Level 2, Level 3 → Level 1 (Cyclic selection)]
- Press and hold the button to adjust the voice guidance volume.
[Level 1, Level 2, Level 3, OFF → Level 1 (선택 순환)]

Seat Heat Button

- Press the button to activate the massage chair's heating function.
[Level 1(35°C), Level 2(40°C), Level 3(45°C), OFF → Level 1 (Cyclic selection)]

Massage Ball Heat Button

- The temperature of the heated massage ball can be adjusted.
[Level 1(45°C), Level 2(55°C), Level 3(65°C), OFF → Level 1 (Cyclic selection)]

Recliner Button

- Press and hold the [Upright] button to raise the massage chair to a more upright position.
- Press the [] button to automatically recline the massage chair.
- Press and hold the [Reclined] button to move the massage chair to a more reclined position.

05. Massage Programs

1) Automatic Program

Auto Mode	Functions	Operation Time
Basic	Provides a light full-body massage in a short time using deep tissue, kneading, tapping, and combination techniques.	15 min
Special	Relieves fatigue by focusing on the waist, hips, and shoulders in sequence, and helps relax tense muscles through a dynamic massage.	20 min
Neck-Shoulder focused	Effectively relieves tension in the stiff neck and shoulders and provides a refreshing deep massage.	12 min
Spinal Line Acupressure	Relieves tense muscles along the entire spine with a powerful deep tissue massage.	18 min
Sleep	A gentle heated massage helps relieve full-body fatigue built up throughout the day, allowing you to fall asleep more comfortably.	90 min

2) Manual Program

Massage Area	Functions
Full	The heated massage ball move along the spine and massage the whole body using the selected massage technique.
Partial	Move the heated massage ball to the desired position. The selected massage technique will then be applied repeatedly within a fixed range above and below that area.
Fixed	Move the heated massage ball to select your desired position, and it will remain fixed on that area while providing a massage using the selected massage technique.
Massage Method	
Combination	It rhythmically repeats various massage techniques, such as Deep tissue, Kneading, and Tapping, to effectively relax the entire body.
Deep tissue	As the heated massage ball protrudes, it gently presses like Deep tissue to relieve tight, knotted muscles.
Kneading	The heated massage ball repeatedly moves together and apart from side to side in a kneading motion to help relieve stiffness and relax the muscles.
Tapping	The heated massage ball rapidly taps to pleasantly relieve stiff, tightly knotted muscles.

06. Using the Massage Chair

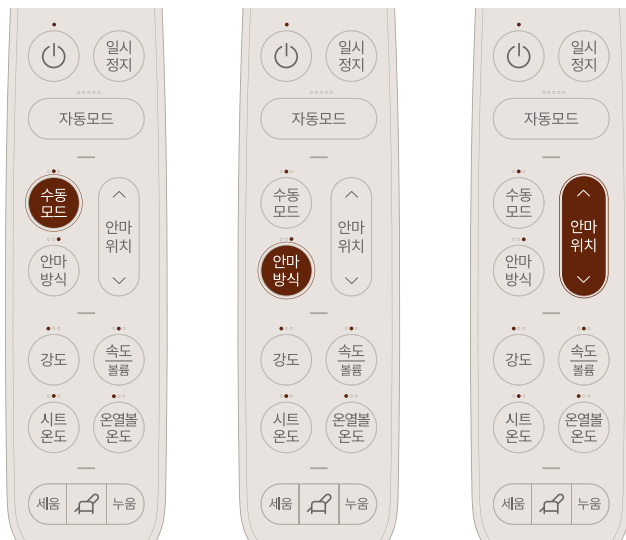
1) Automatic Program

- (1) After checking the main unit cable and the power switch, please press the controller power button.
 - (2) Use the [Auto Mode] button to select your desired mode(5 options).
 - Press repeatedly to change the mode : Basic, Special, Neck-Shoulder focused, Spinal Line Acupressure, Sleep
→ Basic(Cyclic selection)
 - (3) When you press the [Auto Mode] button, the LED lights up for the massage setting corresponding to each mode.
 - (4) It scans the shoulder position to identify the user's body type.
 - (5) Once the scan is complete, the selected Auto Mode will start.
 - (6) Right after the scan, you can press the up/down buttons on [Massage Position Control] to adjust the shoulder position, and during the massage position adjustment standby state, the LED for the selected auto mode will blink.
- ※ During the massage, you can adjust the intensity, speed/volume, and temperature settings.
- Press repeatedly to change the intensity and speed. : Level 1, Level 2, Level 3
→ Level 1(Cyclic selection)
 - Press repeatedly to change the temperature. : Level 1, Level 2, Level 3, OFF
→ Level 1(Cyclic selection)
 - Press and hold the Speed/Volume button repeatedly to adjust the voice guidance volume: Level 1, Level 2, Level 3, OFF → Level 1(Cyclic selection)



2) Manual Program

- (1) In standby mode or during the massage, pressing the [Manual Mode] button will light up the LED for the massage setting that was used most recently.
 - (2) Use the [Manual Mode] button to select your desired mode(3 options).
 - Press repeatedly to change the mode : Full, Partial, Fixed → Full(Cyclic selection)
 - (3) Press the [Massage Technique] button to select your desired massage technique(4 options).
 - Press repeatedly to change the technique : Combination, Deep tissue, Kneading, Tapping → Combination(Cyclic selection)
 - (4) For Full mode, right after the scan, you can press the up/down buttons on [Massage Position Control] to adjust the shoulder position, and during the massage position adjustment standby state, the LED for the selected manual mode will blink.
- ※ When you select Partial or Fixed, you can move the heated massage ball to the desired position using the up/down buttons and receive a massage on that area without scanning the user's body type.
- ※ During the massage, you can adjust the intensity, speed/volume, and temperature settings.
- Press repeatedly to change the intensity and speed. : Level 1, Level 2, Level 3 → Level 1(Cyclic selection)
 - Press repeatedly to change the temperature : Level 1, Level 2, Level 3, OFF → Level 1(Cyclic selection)
 - Press and hold the Speed/Volume button repeatedly to adjust the voice guidance volume: Level 1, Level 2, Level 3, OFF → Level 1(Cyclic selection)



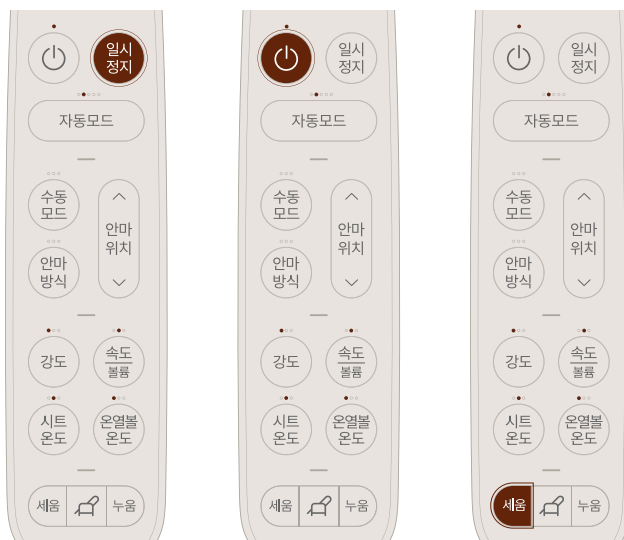
3) Heated Recliner

- (1) After checking the main unit cable and the power switch, please press the controller power button.
 - (2) If you would like to use the Heated Recliner, press the [Seat Heat] button.
 - Press repeatedly to change the temperature : Level 1(35°C), Level 2(40°C), Level 3(45°C), OFF → Level 1 (Cyclic selection)
 - (3) When using the Heated Recliner, you can adjust the temperature and angle using the [Seat Heat], [Massage Ball Heat], and [Recliner] buttons.
 - (4) After using the heated recliner, if you would like to start a massage, press the [Auto Mode] or [Manual Mode] button to begin.
- ※ The heated recliner mode is available only when the power is ON and the massage is not in use, that is, in standby mode.
- ※ If the controller is not operated for 60 minutes after using the heated recliner, the power will turn off.
- ※ The intensity and speed settings become active after the massage starts.



4) Pause / Restart / End

- (1) Press the [Pause] button during the massage to stop the massage.
 - In pause, buttons other than [Power] and [Pause] will not function.
- (2) If you press the [Pause] button again while the massage is stopped, the massage will restart.
- (3) If you would like to return to the fully upright position for exiting, press and hold the power button. The massage will end, the recliner will return to its original position, and the heated massage ball will move back to the hip position and be stowed away.
- (4) When the massage ends, the power will turn off.
 - If the unit is not turned off using the power button, the recliner will not return to its original position for safety reasons.
 - Before exiting, press and hold the [Upright] button to return the recliner to its original position.



5) Use of the Recliner

- (1) If you would like to adjust the angle, press and hold the [Upright] or [Reclined] button to set it to your desired position.
 - While you press the [Upright] or [Reclined] button, the angle will be adjusted in that direction.
- (2) If you want to automatically adjust the angle to the reclining direction, please press the [] button.
- (3) If you briefly press any one of the [Upright], [], or [Reclined] buttons while automatic angle adjustment is in progress, the angle adjustment will stop.
- (4) If you press the [] button again while the adjustment is stopped, the angle adjustment will resume in the opposite direction of the previous movement.

Manual Reclining



Auto Reclining



Pause



Restart (the opposite direction)



07. Maintaining and Storing

- When carrying out maintenance on the massage chair, be sure to unplug the power plug from the wall outlet. Do not touch the product with wet hands.
→ **There is a risk of electric shock or injury.**
- Do not wipe the product with benzene thinners, alcohol, or spray pesticides onto it.
→ **Doing so may cause discoloration, deterioration or fire.**
- Do not wash with water. Wipe with a dry cloth.
- Never iron the head cushion and back pad.
- Please note that the exterior finish can be stained by jeans and other garments that are prone to staining.
- As a result of continuous exposure to UV rays, the product may become discolored, so, if possible, avoid positioning the product next to a window or on a place under strong sunlight.

08. Troubleshooting

If there is a problem while using the product, first check the following before contacting the Customer Service Center.

The product must not be disassembled or repaired arbitrarily by the user.
If the product is damaged due to arbitrary disassembly or repair, the product warranty will not be recognized.

Symptoms	Causes:	Possible solutions:
The product does not operate.	Power button on the controller was not pressed.	Press the Power button on the controller.
	Programs not running.	Select and execute the program.
	Power plug contact failure	Check the power plug connection.
	Power plug or cable damage An abnormality in electronic circuits	Contact the Customer Service Center.
A noise occurs from the massage chair.	Normal operating sounds: · Massage module operation noises · Recliner friction noises	This is a normal operating sound of the product which is not a sign of failure.
If the product suddenly stops during operation.	Sudden power supply cutoff	Turn the power on again.
	End of operation time in massage mode	Restart the massage mode.
If the massage ball or the recliner cannot return to its original position	If a button is pressed or power is disconnected during shutdown.	Turn the power on again.
	When operating it excessively	Contact the Customer Service Center.

* If the symptom cannot be solved by referring to the suggestions herein, refer to the product warranty and contact the Customer Service Center.

09. FAQ

Q1. Can I receive massage only to my back?

You can receive massage to the desired area by selecting Manual Massage and selecting “Fixed” as the massage area item.

* You can move the Massage rollers to the desired position using the massage position control Up/Down button.

Q2. How many degrees does the chair tilt backward?

The angle can be reclined from the default angle of approximately 120 degrees to approximately 150 degrees.

* The angle is adjusted only while the user is pressing the [Upright/Reclined] angle adjustment button, and it stops when the button is released.

Q3. Bluetooth connection is not available.

After turning off and on the massage chair, you can connect to the device again after deleting PAUSE-M4-****.***** on the device to which you intend to connect.
(PIN: 1234)

Q4. Is impact noise between floors likely to be severe?

The perceived level of noise may vary from person to person.
Using the massage chair on a rug may help reduce the noise.

Q5. Is it possible to replace the seat pad?

Exterior parts, such as the head cushion, seat pad, etc., can be replaced at a specific cost.

Q6. The operating noises seem to be louder than the noises I experienced at the store.

At the store, you might have not heard the massage chair's operating noises as a result of the presence of ambient noises.
In a residential space which is relatively quiet, you may hear the machine operating noises when the massage chair is operating, but rest assured that these are normal operating noises.

Q7. Can I move the product myself when relocating?

For safe transport and relocation, please seek professional assistance.
Improper handling may cause damage to the product.

10. Product Specifications

Product Name	Massage Chair
Model Name	CGM EMCG-2601
Size of Massage Chair	W780 X D1090 X H1130mm
Net Weight	55kg
Working Voltage	100-240V~, 50/60Hz
Power Consumption	180W
Manufacture	Shandong Kangtai Intelligent Technology Co.,LTD
Country of Manufacturer	China

11. Product Warranty

1. Ceragem provides warranty services for this product in accordance with the regulations in the Consumer Protection Law.
2. When you purchase products approved by Ceragem, repair services of the parts normally used are provided within the warranty period which is calculated from the date of installation, so ensure that the date of installation is written down and stored securely.
3. This warranty is provided free of charge in the country where the product was purchased.
4. The warranty period is valid for 1 year (12 months) from the date of installation.
5. In the event of product failure, please contact the Customer Service Center.

Product Warranty	Product Name	Model Name
	Serial No.	Place of Purchase
	Date of Purchase	Date of Installation
Customer Information	Customer's Name	
	Telephone Number	
	Address	
	Location	
	Zip Code	
	※ Warranty Period : It is 1 year (12 months) from the date of purchase, or in the case of rental, it varies according to the agreed rental period.	
	※ Parts Holding Period : 6 years (calculated based on the date of manufacture.)	

Paie Service

- (1) Simple replacement of a consumable part that occurs naturally due to product use:
 - cables (power cord), leather, etc.
 - External sheet, internal sheet, and the entire inner and outer upholstery
 - Discoloration, fading, tearing, wear, or damage to the seat upholstery caused by the customer's frequency of use or by pets (including the outer and inner coverings made of fabric or synthetic leather)
- ※ The lifespan of this product's seat may vary depending on the frequency of use and storage conditions. If any damage is found, please contact the place of purchase to have it replaced before continuing use.
- (2) In the absence of product failure:
 - Incorrect installation of the product due to moving or relocation of the product;
 - Occurrences that are not due to product defects or flaws;
(Slight noise, vibration, smell, appearance, feeling during use, etc.)
- (3) Product failure due to negligence by the consumer:
 - Product failure due to installation or incorrect use of the product by the consumer;
 - Product damage or failure due to misuse of the product;
 - Product failure due to connection to an incorrect electric power supply;
 - Product failure or damage due to external shock or dropping of the product;
 - Product failure due to the use of consumables or products not specified by Ceragem;
 - Product failure due to product repair performed by a person other than a Ceragem service agency technician;
 - Product failure due to non-observation of the 'Matters that require attention' in the instruction manual.
- (4) Other instances:
 - Product failure due to unforeseen disaster
(flood, fire, earthquake, lightning, war, etc.);
- ※ Any service requested in cases where the product has not failed will see the customer charged service costs.
Please read the instruction manual carefully.

Free Service

Free service is provided for any normal-usage performance or functional failure occurring within 1 year of purchase.

If the product is used for business purposes, the warranty period is reduced by half.

* This policy may be changed according to the Company's circumstances.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Note: The Grantee is not responsible for any changes or modifications not expressly approved by the party responsible for compliance. Such modifications could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement.

This equipment complies with FCC's RF radiation exposure limits set forth for an uncontrolled environment. This device and its antenna(s) must not be co-located or conjunction with any other antenna or transmitter.

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