



CORE HEALTH & FITNESS LCD+ CONSOLES

IMPORTANT SAFETY INSTRUCTIONS



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WARNING:

Before using this product, it is essential to read the ENTIRE Owner's Manual and ALL installation instructions. The Owner's Manual describes equipment operation and instructs members on how to use correctly and safely.

Read all warnings posted on the machine.

Health related injuries may result from incorrect or excessive use of exercise equipment. Core Health & Fitness strongly recommends you to encourage your members to discuss their health program or fitness regimen with a health care professional, especially if you or they have not exercised for several years, are over 35, or have known health conditions.

DANGER: to reduce the risk of electrical shock:

1. Always unplug the machine from the electrical outlet before cleaning or servicing.
2. This product is factory-equipped with a specific DC Power Supply to permit connection to the proper electric circuit. Make sure that the product is connected to a dedicated power line having an outlet with the same configuration as that of the plug.
3. This machine is not intended to be serviced by the end user, refer servicing to qualified personnel only.
4. If the power supply cord is damaged, it must be replaced by the manufacturer, its service agent, or similarly qualified persons in order to avoid hazard.
5. Keep the cord away from heated surfaces. Unplug power cord when the machine is unattended and before performing any preventative maintenance such as cleaning or replacing a worn part.
6. Do not operate unit in damp or wet locations.

WARNING: to reduce the risk of serious injury to persons using this equipment, read and follow all of these warnings:

1. This equipment is designed for use in a commercial gymnasium or health club. To ensure the proper use of the equipment in a safe manner, all users of the equipment should read this manual before using the machine. This machine should be made a part of your club training program in order that the equipment is used by your members in a safe manner as intended. In addition to instructing the club members in the proper use of the equipment, the club member should obtain a complete physical examination from their health care provider before beginning any exercise program.
2. The safety and integrity of this machine can only be maintained when the equipment is regularly examined for damage and wear and repaired. It is the sole responsibility of the owner of this equipment to ensure that regular maintenance is performed. Worn or damaged parts must be replaced immediately or the equipment removed from service until the repair is made.
3. It is the purchaser's sole responsibility to properly instruct its end users and supervising personnel as to the proper operating procedures of all Core Health & Fitness equipment.
4. This machine is not intended to be used by children. It is not intended to be used by persons with reduced physical, sensory, or mental capabilities or lack of experience and knowledge, unless given instruction and under the personal supervision concerning use of the machine by a person responsible for their safety. Do not leave children unsupervised around the machine.
5. Obtain a medical exam before beginning any exercise program. If at any time during exercise you feel faint, dizzy, or experience pain, stop and consult your physician. Use the value calculated or measured by the console for reference purposes only.
6. Use only replacement components supplied by Core Health & Fitness. Substitutes are forbidden and will void all warranties.
7.  **WARNING:** Heart rate monitoring systems may be inaccurate. Over-exercising may result in serious injury or death. If you feel faint stop exercising immediately.

SAVE THESE INSTRUCTIONS

NOTICE: For installation and operation instructions, please refer to the Owner's Manual included with the base product. If you no longer have the original manual, scan the QR code below to access it online:



6TR



6CT



6UB



6RB

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

 **CAUTION:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Industry Canada (IC) Warning:

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- 1) L'appareil ne doit pas produire de brouillage;
- 2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

To satisfy FCC&IC RF exposure requirements, a separation distance of 20 cm or more should be maintained between the antenna of this device and persons during device operation.

To ensure compliance, operations at closer than this distance is not recommended.

Les antennes installées doivent être situées de façon à ce que la population ne puisse y être exposée à une distance de moins de 20 cm. Installer les antennes de façon à ce que le personnel ne puisse approcher à 20 cm ou moins de la position centrale de l'antenne.

Limited by local law regulations, version for North America does not have region selection option.

OPERATIONS - LCD CONSOLES

Safety First

Your treadmill is equipped with an easy to reach HOT BAR® that provides you with an additional PAUSE/STOP button and a Stop Switch.

The Stop Lanyard Clip attached to the HOT BAR® is provided for your protection to stop the machine.

Always attach the Stop Lanyard Clip to your clothing before each workout.

Attach it to your clothes near the waistline. If the cord is pulled the Stop Switch will be activated and the treadmill will stop operating.

If the Stop Switch has been activated, press the smaller yellow RESET button to reset the treadmill and resume normal operation.

During use, press the red STOP button to PAUSE your workout. Press the STOP button a second time while in Pause mode to stop and cancel the workout program.

Important: Facility owners, managers, personal trainers and personnel. Remind users of the importance of using the Stop Lanyard Clip. It is the facility's responsibility to train and instruct the proper use of this treadmill, including the safety features.

SAVE THESE INSTRUCTIONS

Use the keypad controls on the console to select through the screens. After selecting options or immediately after selecting quick start, the active screen will display. Use the   buttons to switch between active views.

Console Key Functions - DISPLAY MEASUREMENTS

Time	Current total workout time
Speed	Current speed
Pace	Current pace
Distance	Distance Run
Incline	Current degree incline
Calories	Accumulated calories burned
Cal/Hour	Current rate of calorie burn
WATTS	Current user Watts
METS	Current User METS
Heart Rate	Current HR in beats per minute, if available

Quick Keys - Speed Allows user to select one of 6 different speeds with a single button push

Quick Keys - Incline Allows user to select one of 6 different inclines with a single button push

QUICK START Key Enables manual operation using a default weight, SPEED and a default time limit.

NOTE: Default time and weight are adjustable through Maintenance Mode.

Fan Button Cycles the fan between three settings: High, Low and Off

Numeric Keypad Use to enter specific values for program parameters during program setup. During a program, these keys may be used to change level.

Up/Down Buttons Cycle between options during setup mode, adjust incline & speed up and down during workout mode

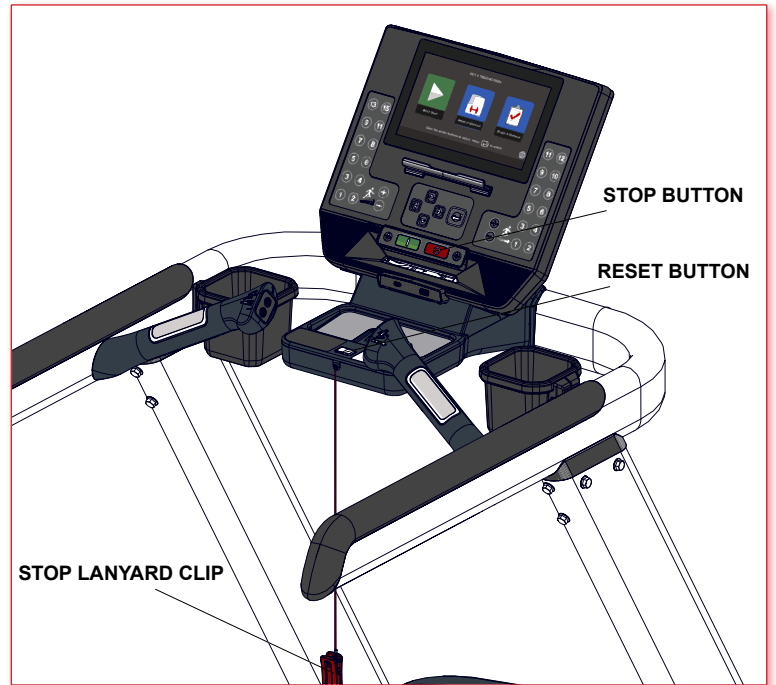


Fig. 3

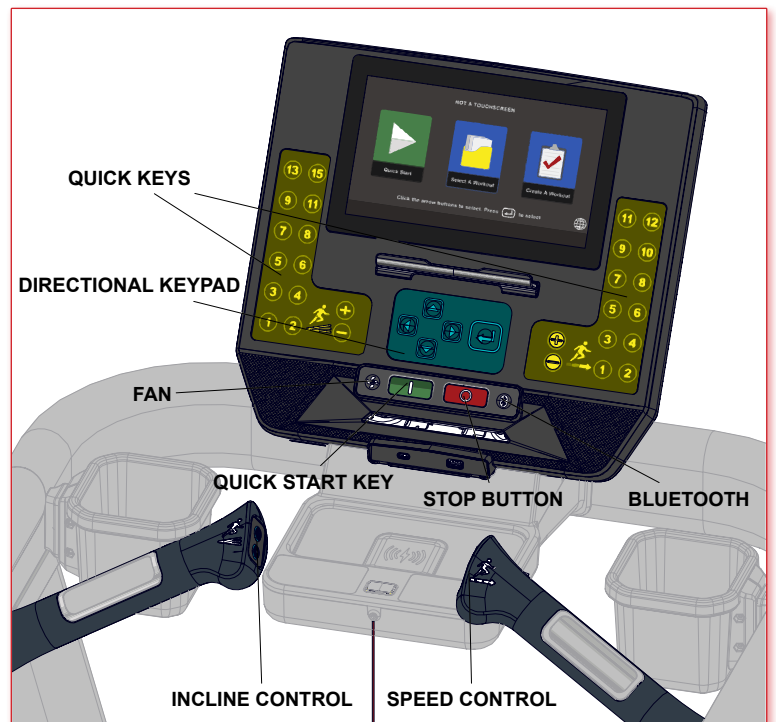


Fig. 1

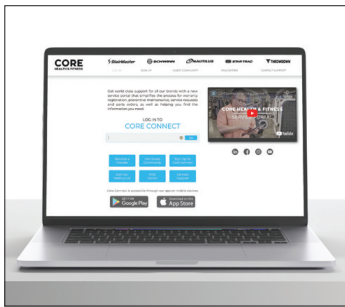
CONNECT WIFI

Configure custom network settings:

1. Create a file named **wifi_config.txt** with the network SSID (name) the console will connect to on the first line and the password on the second.
2. Put the file on a USB stick.
3. Insert the USB stick into the USB connector in the console.
4. Enter Maintenance Mode (Press and hold the 1, 2 and 8 keys on the left keypad together, wait for the beep then release.)
5. Use the +/- keys to navigate. Select 'System' and scroll options until CONFIG WIFI appears in the message window.
6. Press the  key to update console with the setting on the USB stick and reconnect.



Fig. 2



CORE CONNECT

Get world class support for all of our brands with our Core Connect portal, a platform that simplifies the process for warranty registration, preventive maintenance, service requests, parts orders and allows you to get help with your general inquiries.

CONNECT.COREHANDF.COM



CORE ADVANTAGE

Our preventative maintenance program, Core Advantage, will help preserve your equipment as excessive use takes its toll and ensures the longest possible life of your products while reducing downtime. We offer programs for all aspects of gym equipment, in every category and for every Core Health & Fitness brand. Core Advantage provides the industry's most complete programs; including one-time, monthly, once every other month, semi-annual and quarterly options available.

BENEFITS OF CORE HEALTH & FITNESS CUSTOMER SERVICE

connect.corehandf.com
for preventative maintenance
schedules, owner's manuals, and
other online support

Customer Support Center

24/7 Chat Support
hosted by AI agents

Live Agent Support
available from
6am to 4pm PST

Network of 600+ factory-trained,
annually-certified service providers

In-service seminars for staff



SCAN THE QR CODE TO
LEARN MORE ABOUT OUR WORLD-
CLASS CUSTOMER SERVICE