

ACTIONHEAT App Instructions

Connecting Your Devices

1. Connect the battery to your garment.
2. Open the app — the first-launch walkthrough handles Bluetooth permission and your preferences.
3. On Home, tap “+ Add a device”.
4. When your gear appears, tap “Connect”.
5. For pairs (Gloves, Footwear, Insoles): connect both pieces, once connected they will auto-link as a pair

Controlling the Garment

1. Every connected garment shows as a card on the Home screen, Click the item you want to control.
2. Use the controls to: turn ON/OFF toggle through Low/Medium/High.
3. “All Gear” card adjusts every paired item simultaneously.

Disconnecting the Garment

Tap the “...” menu on a garment card → Disconnect.

Troubleshooting

Gear not appearing?

- Tap “+ Add a device” again to re-scan.
- Power-cycle the gear (off → wait 5 seconds → on).
- Confirm Bluetooth is enabled in your phone settings.

TO DOWNLOAD APP:
“ACTIONHEAT”



SCAN QR CODE TO
LEARN MORE ABOUT OUR
TECHNOLOGY



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

WARNING: Changes or modifications not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

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